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Participate in a local clean-up or Earth Day event to improve your community	<ul style="list-style-type: none"> • Locate a Clean Up with EarthDay.Org (scroll down to the map) • R&M Team Members: Ask your office's Sustainability Champion for info! 			
Donate your time or money to an organization focused on improving environmental, social, or health conditions that align with your values	<ul style="list-style-type: none"> • How to Choose a Cause to Support • Which Conservation Charity to Support 			
Purchase one or more local goods or services to reduce emissions and support your community	<ul style="list-style-type: none"> • How Buying Local Benefits the Environment • Why Buy Local? • Buy Local, Buy Green: Good for you and our planet! 			
Donate or consign three or more usable items you no longer need to give others the opportunity to continue the product life and keep it out of a landfill	<ul style="list-style-type: none"> • Donate goods to Habitat ReStore • Social and Economic Benefits of Donating to Goodwill • Sell with ThredUp • Donate Shoes to Soles4souls 			
Consider a thrift or consignment store as your first stop on your next shopping trip to give used goods another life	<ul style="list-style-type: none"> • Locate a Salvation Army Thrift Store • Reject Fast Fashion and Buy with ThredUp 			
Reduce “fast-fashion” purchases and select more durable and lasting clothing to reduce waste and minimize pollution associated with the fashion industry	<ul style="list-style-type: none"> • What is Fast Fashion? • A List of "Sustainable" Clothing Brands • A List of "Sustainable" Shoe Brands 			
Review frequently purchased items for opportunities to recycle associated waste or purchase products with takeback programs to reduce landfilling	<ul style="list-style-type: none"> • Free Recycling Programs for Waste Associated with Products You Likely Buy • Wands for Wildlife 			
Commit to meal planning during weekdays with the intention of minimizing food waste	<ul style="list-style-type: none"> • Environmental Impact of Food Waste • Ideas and Tools to Meal Plan and Reduce Spending 			
Strive to eliminate one new category of single-use plastics from your family's routine (ex. plastic water bottles, straws, yogurt cups, containers, etc.) to reduce pollution and likely costs associated with individual packaging	<ul style="list-style-type: none"> • Some of the Problems with Plastics • Tips to Reduce Your Plastic Waste • Best Water Reusable Water Bottles 			
Make a more committed effort to remember your reusable shopping bags and minimize single-use plastic bags	<ul style="list-style-type: none"> • The Problem with Plastic Bags • 5 Stores Who Kicked Plastic Bags to the Curb 			
Go paperless for two or more bills to minimize waste and impacts associated with paper manufacturing	<ul style="list-style-type: none"> • Calculating Your Paper Waste Reduction Impacts 			
Plant at least one native tree or plant to restore the ecosystem and minimize irrigation needs	<ul style="list-style-type: none"> • Find Plants Native to Your Area • Locate Your Native Plant Society 			
Replace two or more lightbulbs with LEDs to save energy and money	<ul style="list-style-type: none"> • Locate Free LEDs and Energy Conservation Kits • Choose the Right LED Bulb 			
Use power strips or start a new routine to unplug unused chargers and appliances to reduce energy consumption and expenses resulting from phantom power	<ul style="list-style-type: none"> • Block Vampire Loads with Power Strips 			
Use two or more smart plugs to optimize energy usage and decrease your energy bill	<ul style="list-style-type: none"> • Benefits of a Smart Plug • Best Smart Plugs of 2025 			
Install motion sensors or switches with timers to reduce wasted power and save on your bill	<ul style="list-style-type: none"> • The Ultimate Guide to Motion Sensor Light Switches • Installing a Motion Sensor Light Switch (Video) • 7 Best Motion Sensor Light Switches 			
Install a programmable thermostat and program it to save on your energy bill	<ul style="list-style-type: none"> • Managing Comfort and Cost with Programmable Thermostats • Smart Thermostat Options 			
Install, replace, or clean faucet aerators to improve water quality and minimize flow rate	<ul style="list-style-type: none"> • How to Replace Your Aerator (Video) • Benefits of an Aerator • Benefits & Cost Savings of Low-Flow Plumbing Fixtures 			
Install a dual-flush conversion kit or place a jug of water in the tank of your toilets to create a low-flow toilet, saving water and money	<ul style="list-style-type: none"> • How to Convert Your Toilet to Low Flow (Video) • Adding a Bottle to Your Tank to Create a Low Flow Toilet (Video) • Tips to Reduce Your Toilet Water Usage 			
Use rain barrels to reduce stormwater runoff and irrigate your lawn or garden	<ul style="list-style-type: none"> • Information about Rain Barrels by Location • Rain Barrels: Homeowner Education 			
Avoid idling your car for more than 60 seconds when waiting in lines or parked to reduce air pollution and save on fuel costs	<ul style="list-style-type: none"> • Idling Myths and Solutions 			
Introduce an air purifying plant to your home or office to improve air quality	<ul style="list-style-type: none"> • Plants for Cleaning Indoor Air • NASA List of Best Plants to Clean Indoor Air 			
Calculate your environmental footprint and pledge to do better in one or more areas	<ul style="list-style-type: none"> • Calculating Your Ecological Footprint 	